WILLIAMS, BENAVIDES, MARSTON & KAMINSKI MD, PA

BLADDER DIARY

This diary is a chart for you to report the amount you drink and the amount you urinate (empty your bladder). Please complete this form for any 48-hour period prior to your appointment. Use a 2-cu.p measuring cup (or any other device) to measure your urine. It can be washed in the dishwasher or discarded, Record the amount and type of fluids you drink and the amount of leakage if you leak urine.

Please bring this form with you on the day of your appointment.

Name: _____

DATE	TIME	AMOUNT URINATED	AMOUNT LEAKAGE D-DROPS M-MEDIUM S-SOAKED	ACTIVITY ONLY WHEN YOU LEAK	AMOUNT OF FLUID INTAKE AND TYPE OF FLUID